

Based on the survey findings and your own professional and personal experience, what are the priority actions communities in our region should undertake to be better prepared to meet the challenges and take advantages of the opportunities of an aging population? List at least three priorities in order of importance.

<u>#1 Priority Action for Communities in our Region</u>
Providing more care “in home” services and focus on right care – right time- right location (Advocate)
Establish systems to meet basic needs; food delivery (groceries)
- Incentivize chains to deliver groceries and medications
Door to door transportation assistance for medical and non-medical trips
More Alzheimer support groups for the clients themselves, for as far as they can go
Affordable housing – more safe subsidized housing options – apartments or affordable assisted living options.
Better co-ordination of services so dollars are not expended at such a high rate – if we continue down the path we are on, Medicaid \$ for long term care will = 50% of the Ohio Budget in approximately 15 years – Scripps Study
Transportation
Transportation to visit hospital – medical and non-medical
Home maintenance – build on existing programs – non-profits - link
Improve access to transportation for seniors.
“Connecting the dots” of current services to meet the needs. Seems like there are a lot of agencies, but not sure all are working collaboratively
More/better/accessible transportation
Transportation (door to door)
Assess the needs of the low income young seniors in the 50-65 age category
Continue to expand in-home and community based services
Community should look to collectively impact process to address transportation
Public transportation – not just for seniors, but making it easier for caregivers to support seniors.

#1 Priority Action for Communities in our Region - Continued
Help with home maintenance – seniors are staying put, want to stay in their home. Provide support with home maintenance upgrade
Financial planning – seminars/courses – before they need assistance
Support for caregivers – education, burden and benefits of invasive care
Affordable, accessible housing. Walkability – spot zoning for essential services such as grocery/convenient stores in residential neighborhoods
Policy changes allow Medicare/Medicaid to pay for in-home services (including home maintenance rather than long-term nursing care)
Alzheimer’s/memory loss support/education both for patient and caregivers, including seminars, conferences, support groups, classes, etc.
Affordable safe, secure living for memory care challenged. Support services brought in: Transportation, NP Program, meal program, caregiving, transportation
Keeping the aging population safe in their homes – Programs that address/assist with fall prevention at home, counseling pharmacy and medication interactions, reducing isolation, visiting nurse program to help with health monitoring and immunizations
Transportation supporting older in home adults –medical care/community activity
Education about availability of services for older adult and caregivers including who qualifies for them and how to access them
Transportation is a grave issue. Probably can’t do anything about it.
Transportation
Through HIDDs we occasionally (but with increasing frequency) support individual and DD whose care needs increase as the care needs of their parents increase – this would be ideal opportunity for increased care coordination

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#2 Priority Action for Communities in our Region
Transportation
Increase public transportation to medical appointments.
Address food deserts in downtown areas
More caregiver education – how to manage situations. How to provide actual care in a safe manner.
Transportation – non-medical transportation and easy access to transportation
Better transportation
Financial advising
Better coordination of services
Give “aging” people the ability to know how to use social media to the max – i.e. meetup.com, nextdoor – free cycle (stuff)
Enhance communication to influencers about support and healthcare that is available
Support families/transportation/tax breaks/incentives
Encouragement of more community intergenerational activities
Safe housing or support to stay in home
Provide support to middle income families struggling with care of older family members particularly those seniors physically healthy, but with dementia. Information/help in transitions planning
“Senior Centers” must restructure to attract the baby boomer population, i.e. help w/job search and volunteer watch
More policy and practice in addressing home accessibility
Intergenerational programs – many children’s programs need support – make it easier for older adults to volunteer to fill their needs; community centers/senior center program across the generations

#2 Priority Action for Communities in our Region - Continued

Help with financial preparedness <ul style="list-style-type: none"> - Seminars - Supplement income - Educate about what it means to be prepared
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Transportation – expand bus routes/stops

Creative housing within communities that integrated old and young and provide various levels of service that care for people in their home as long as possible.

Affordable transportation on an as-needed, on call, basis
Home healthcare workforce development (not just health intensive friendly visitors, for example

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Involvement of seniors in community through church, neighborhood and senior center activities and ministries. Consider transportation challenges creatively.

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Increase support services for family members of memory impaired to remain in home

Transportation that is accessible and economically reasonable

Information services
Focus on mission specific solution e.g. medical needs

Information services coordination

Assistance/support for home modification to support AIP
Education about the impact of growing aging community on all ends of society – economics, families, etc

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<u>#3 Priority Action for Communities in our Region</u>
Aging better – healthy lifestyle
Provide more opportunities for socialization
Include senior advocates in community visioning and problem solving
Smaller transportation vehicles in vans instead of big buses
More services and program options to reduce isolation and depression in older adults. Affordable home care for people that fall through cracks.
More home care availability
Expansion of in-home services by <ul style="list-style-type: none"> - Fee for service - Increased public support
More home care services
Shared transportation – Uber vans, taxi – more meetup.com group sharing
Provide support to seniors to maintain homes
Joint fundraising to create a “war chest” of dollars to allocate accordingly
Tax breaks/incentives to family caregivers who wish to care for elderly
Financial case mgt/bill pay support/budgeting
Financial tax breaks
Transportation/walking to resources/activities
Create more connections with health LTSS

#3 Priority Action for Communities in our Region - continued

LTSS – older adults want to age in places – access, funding, staff training, many of their workers are transient. Need to provide stability to the industry with better pay, etc.

Provide more public transportation options

- Allow seniors to keep living independently
- Allow them access to health care workers

Home repair to allow older adults the opportunity to stay in homes longer

Fair & quality healthcare that is easily accessed by all

Reliable, cost-effective, vetted service/maintenance providers

Training bank tellers, pharmacists, doctors, etc. to look/identify signs of financial abuse and neglect/self-neglect

Home maintenance resourcing creating a network of costs appropriate and background checked providers

Increase partnerships with hospital affiliates for mobile screening, transportation, physician appts

Programs that help with yard maintenance

Supporting/coordinating agencies that provide older adults at home/community bases services

Paid and Unpaid

Increased funding and training for accessible transportation

Continued use of storytelling as an educational tool

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<u>Priority Actions for Communities in our Region /Other Responses</u>
Getting right resources to people in need
Include senior advocates in identifying senior needs in the community
Increased education on Aetna/Molina etc. Clients still don't understand how things work - coordination
Ensuring safe living environments for seniors – low income clients are in high risk environments
Affordable housing
Caregiver education
Deliver of medications or groceries
Right care – right time –right location
Financial advising – in poverty there is no financial planning
Fraud & Scam
Senior Center not invited to table
Information and referral
Support to negotiate insurance options/health care
Continue learning/social activities
Education to professionals on how to work and support those diagnosed, but particularly those with undiagnosed mental illness
Facilitate neighborhood connections to help each other (churches, neighbors, schools) with an informal network of support

