#### What is ESP?

The Elderly Services Program (ESP) helps older adults remain safe and independent in their own homes. It provides in-home care for eligible seniors who might otherwise be forced to leave their homes and enter a nursing facility. ESP expands care that may already be provided by family and friends.

#### Who operates this program?

Council on Aging (COA) manages the program for the Butler County Board of County Commissioners. A volunteer community board is appointed by the commissioners to advise on program needs and policies. LifeSpan, Inc. provides assessment, intake and care management.

#### Who is eligible?

Services are available to Butler County residents age 65 and older who need help with certain activities of daily living (bathing, cleaning, cooking, transportation, etc.). Home-delivered meals are available starting at age 60. Eligibility for each service is determined by an ESP care manager during a home visit.

There is no income qualification for this program. However, depending on your income, you may be required to help pay for the cost of your care through a copayment. More information is available on the back of this brochure.

## What kind of help is available through ESP?

Eligibility for each service determined by a care manager during a home visit.

Adult Day Services: Structured programs provide a secure, stimulating environment and respite for caregivers. Transportation may be available.

**Care Management:** A professional care manager coordinates your services and monitors your care.

Consumer Directed Care: Allows you to hire a friend or family member to provide home care services. Eligibility determined by ESP care manager.

Electronic Monitoring System: 24-hour, in-home monitoring systems that provide safety and/or medication alerts.

**Environmental Services**: Pest control, major housecleaning and waste removal.

Home Care Assistance: A trained aide helps with housekeeping, personal care and other daily activities, and provides respite for the primary caregiver.

\*Home Modifications and Repairs: Minor repairs and safety upgrades such as ramps, grab bars and dead-bolt locks.

**Independent Living Assistance**: Help with benefit applications and organizing personal and household records.

**Meals:** Home-delivered meals. Special diets can be accommodated with a doctor's orders.

\*Medical Equipment: Health or safetyrelated equipment such as a bath bench, cane, walker or other equipment not covered by insurance.

Mental Health Services: Feelings of depression and anxiety make it harder to remain independent. A counselor can meet with you in your home to help you regain a more positive outlook and sense of well being.

**Transportation:** To routine medical and other appointments.



"Sarah is a wonderful person and I feel secure knowing I am taken care of. I don't have to worry."

Butler County ESP client, Rosemary, with her care manager, Sarah

 $<sup>^{*}</sup>$ Not available as a stand alone service. Call for details.

## **Funding and Cost**

The Elderly Services Program is made possible thanks to the generous support of Butler County taxpayers via a senior services tax levy. Other funding comes from federal and state money, grants, donations and client co-payments.

To help the program serve as many people as possible with the tax dollars available, some clients are required to help pay for the cost of their care through a co-payment. Co-payments are set on a sliding scale depending on income, assets and medical expenses.

Home-delivered meals are always free, but donations are welcomed to help provide meals to more seniors in our area.



"I tried to take care of my own problems, but sometimes you just make it worse so you have to get help."

**Patrick, Butler County ESP client** 

### How do I apply?

Call **(513) 868-9281** for more information or to learn if you or a loved one qualify for services. You'll answer a few questions on the phone and if ESP is right for you, a care manager will schedule an in-home visit to verify your eligibility.

If you qualify, your care manager will work with you and your family to arrange for the services that best meet your needs.

You can learn more at: www.butlercountyohio.org/elderlyservices/



Butler County Commissioners 315 High Street Hamilton, Ohio 45011 (513) 887-3247 www.butlercountycommissioners.org



Council on Aging 175 Tri County Parkway Cincinnati, OH 45246 (513) 721-1025 (800) 252-0155 www.help4seniors.org



LifeSpan, Inc. 1900 Fairgrove Avenue Hamilton, OH 45011 (513) 868-9281 (800) 215-5305 www.lifespanohio.org

The Elderly Services Program does not discriminate on the basis of race, color, creed, age, sex, national or ethnic origin, or disability.

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# **Butler County's**



Helping older adults maintain independence in their homes.

(513) 868-9281 (800) 215-5305