

National Suicide Prevention Hotline

Area(s) Served:

Nationwide

<http://www.suicidepreventionlifeline.org>

Phone: 800-273-TALK (8255)

Phone Extension: N/A

Contracted Provider: Not Applicable

Description:

Are you feeling desperate, alone or hopeless? Call the National Suicide Prevention Lifeline at **1-800-273-TALK (8255)**, a free, 24-hour hotline available to anyone in suicidal crisis or emotional distress. Your call will be routed to the nearest crisis center to you.

- Call for yourself or someone you care about
- Free and confidential
- A network of more than 150 crisis centers nationwide
- Available 24/7