

## Mt. Washington Recreation Center

1715 Beacon Street  
Cincinnati OH 45230

**Area(s) Served:**  
Hamilton County

<https://www.cincinnati-oh.gov/recreation/programs/seniors>

[mtwashington@cincinnati-oh.gov](mailto:mtwashington@cincinnati-oh.gov)

**Phone:** 513-232-4762

**Phone Extension:** N/A

**Contracted Provider:** Not Applicable

### Description:

Cincinnati Recreation Commission Seniors are active and aware. They want to play, relax, learn and enjoy. They're at the top of their life enjoying their view. Recreational, cultural, educational, and leisure activities designed for an active lifestyle are offered at over 16 senior centers located throughout the Cincinnati area. Cincinnati Recreation Commission Seniors leisure and cultural activities mean relaxing and enjoying. Whether its basketball, volleyball, swimming, bowling, karate, or Tai Chi. Cincinnati Recreation Commission Seniors also helps seniors attain a new level of physical fitness and health. Many of the senior centers features weight rooms, aerobics, health walking, and yoga classes.

\*Open to the public as a cool center. Individuals who are not members are not permitted to use facility amenities.