

National Family Caregiver Support Program (Ohio Department of Aging)

246.N High Street
Columbus OH 43215

<https://aging.ohio.gov/caregiversupport>

Phone: 1-866-243-5678

Phone Extension: N/A

Area(s) Served:

Statewide

Contracted Provider: Not Applicable

Description:

National Family Caregiver Support Program

Through Title III of the Older Americans Act, the National Family Caregiver Support Program (NFCSP) provides direct help to eligible family and informal caregivers. In southwestern Ohio, Council on Aging combines resources from NFCSP with other local programs to provide assistance to as many caregivers as possible.

Types of assistance that may be provided through this program include:

1. Information to caregivers about available services
2. Assistance to caregivers in gaining access to services
3. Counseling/Education/Training
4. Respite care*
5. Supplemental services -- additional services and supports needed to help people stay independent in their homes (limited)*

*The care recipient must meet specific criteria.

Eligibility

1. Family caregivers (of any age), of a person with Alzheimer's disease or a related dementia may be served regardless of the age of the person with dementia
2. Grandparents and other relative caregivers providing care to children (under age 18 years) may receive services at 55 years of age and older
3. Grandparent or relative caregivers (age 55 and older) who provide care for adult children (ages 19--59) with a disability

For more information, call Council on Aging at (513) 721-1025.

Caring for a loved one can be hard work. However, the National Family Caregivers Association says that people who recognize themselves as caregivers are more proactive, engaged and confident. As a result, they provide better care and are able to do so longer, even as their loved one's care needs increase. Caregivers who access and use support services also report fewer negative emotions, such as depression, anxiety and anger. By seeking and accepting help, along with planning for the future, you can provide the care your loved one deserves while also making sure your needs are taken care of.

Through the **National Family Caregiver Support Program**, your [area agency on aging](#) and other local providers are ready to assist you with supports that may include:

- Training, resources, information and support groups;
- Respite care, adult day and medical alert services;
- Personal care, chore services and home delivered meals;
- Yard work and home repairs;

- Durable medical equipment and home modifications; and
- More.

Contact the [area agency on aging](#) serving your community for information and referral, as well as a free in-person assessment to identify your needs and link you to available resources.

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