

## Caregiver Assistance Network (Catholic Charities)

Mid-Pointe Tower  
Cincinnati OH 45237

<https://ccswoh.org/about/contact-us>

**Phone:** (513) 241-7745

**Phone Extension:** N/A

**Area(s) Served:**

Butler County,  
Warren County,  
Clermont County,  
Clinton County,  
Hamilton County

**Contracted Provider:** Elderly Services Program

**Description:**

The Caregiver Assistance Network (CAN) is a collaborative effort of Catholic Charities SouthWestern Ohio with dozens of community agencies to serve people of all faiths, providing:

- Moral support: Links you with a person who truly understands.
- Stress Relief: Offers tips on how to care for yourself as you care for others.
- Resources: Provides practical ideas on where to get help including free services available to caregivers in our area.
- Family Consultation/Counseling: Professional assessment and/or counseling, available by phone or in the home for caregivers' families.
- Caregiver Training/Education: Offers programs on handling emotions, balancing needs and providing care. These programs are available through senior centers, churches and other institutions. Programs are also presented to employed caregivers in the workplace.
- Support Groups for Family Caregivers: There are over 43 locations in Butler, Hamilton, and Warren Counties and in Northern Kentucky. Call 513-929-4483 for information/registration.
- Balance: A quarterly newsletter for family caregivers.