

Hirsch Recreation Center

3630 Reading Road Cincinnati OH 45229

Area(s) Served: Hamilton County

https://www.cincinnati-oh.gov/recreation/programs/seniors

Hirsch@Cincinnati-oh.gov **Phone:** 513-751-3393 **Phone Extension:** N/A

Contracted Provider: Not Applicable

Description:

Cincinnati Recreation Commission Seniors are active and aware. They want to play, relax, learn and enjoy. They're at the top of their life enjoying their view. Recreational, cultural, educational, and leisure activities designed for an active lifestyle are offered at over 16 senior centers located throughout the Cincinnati area. Cincinnati Recreation Commission Seniors leisure and cultural activities mean relaxing and enjoying. Whether its basketball, volleyball, swimming, bowling, karate, or Tai Chi. Cincinnati Recreation Commission Seniors also helps seniors attain a new level of physical fitness and health. Many of the senior centers features weight rooms, aerobics, health walking, and yoga classes.

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